

CROSS COUNTRY CARNIVAL FOR YEARS 3-6 (AND INTERESTED YEAR 2 STUDENTS TURNING 8 IN 2019)

On Wednesday 1 May 2019 the School Cross Country Carnival will be held at Bangor Public School, for all students in Years 3 - 6 and Year 2 students who turn 8 this year and are interested in competing. The carnival will start at 9:45am on the school grounds. Normal school hours will apply. Parents are most welcome to attend to offer encouraging words for our runners.

The schedule of events will be:

8 and 9 years Girls

8 and 9 years Boys

10 years Girls

10 years Boys

11 years Girls

11 years Boys

12 and 13 years Girls

12 and 13 years Boys

Students must wear their full sports uniform or house coloured T-shirts. Students should have full sun protection including hats and sunscreen. **Students with asthma will need to carry their own asthma puffer on them at all times.**

8-10 years boys and girls will run the 2km course and 11-13 years boys and girls will run 3km. **Please note: students run in the age race they are turning this year - the same as the swimming carnival.** There will be teachers at checkpoints around the course with First Aid kits.

All students are expected to participate. Please complete the permission form below and return to class teachers by Tuesday 9 April 2019.

Stage 3 Teachers

SCHOOL CROSS COUNTRY CARNIVAL FOR YEARS 3 - 6 (AND YEAR 2 STUDENTS TURNING 8 IN 2019)

I give permission for my child of Class to participate in the Bangor Public School Cross Country Carnival to be held at Bangor Public School on Wednesday 1 May 2019.

My child is a diagnosed asthmatic. He/she will have sufficient medication with him/her at the Cross Country Carnival. **(Delete if not applicable)**

Signed:

Date:

Please return to your child's class teacher by Tuesday 9 April 2019